

HAPPY HOUR SUMMER EXPERIENCE

1. Complete the online **self-assessment**.
2. **By August 31, complete at least 6 activities** (at least 3 activities for staff working fewer than 20 hours per week). Explore on your own or with co-workers.
3. Submit your **prize entry by September 5**.

Name: _____

Total number of activities completed: _____

PRIZE ENTRY SUMMER EXPERIENCE

Beautify while you walk. Pull weeds, pick up trash, smile at everyone.

Go somewhere new and watch people.

Use NovelList to find a book suggestion for a friend.

Interview someone you admire.

Play in the children's area.

Write a thank-you letter to someone in the community.

Visit and tour a local business, county department or nonprofit.

Teach a co-worker or friend a skill, craft, exercise, instrument or recipe.

Use Mango Languages to learn "hello" in two new languages.

DRAW, DOODLE OR LIST

Challenge a co-worker to a game or competition.

Have a walking meeting.

Go to a park. Collect as many smells and textures as you can.

Choreograph an ImagineIf dance.

Go on a scavenger hunt for interesting items, then display your findings.

Create your own exploration.

Ride the ImagineIf Bike.

Create a palette of your favorite colors. Describe each color and what it means to you.

Try a food that you're a little afraid of.

Learn techniques for meditation or mindfulness.

DRAW, DOODLE OR LIST